



Thrive by Five Coordinating Council

Wednesday, February 17, 2021

Webex Meeting

3:00- 5:00 pm

Agenda

- 1) Reflections from Last Meeting
 - Member Survey Feedback, Reset for 2021
- 2) COVID's Impact on Individual & Collective Work
- 3) Leadership Transition & Planning
- 4) Subcommittee Structure
- 5) Prioritizing Recommendations
- 6) Other Member Updates & Next Steps

Reflections from Last Meeting

Summary:

- At our December 16th meeting, members discussed their experience as members of the Coordinating Council and reset for 2021.
- The Chair reviewed the anonymous member survey questions and results, with suggested improvements including a work plan, engaging members more critically, and stronger subcommittees.
- The Chair also shared a look ahead, detailing Thrive by Five DC's focus areas in the coming year.
- Are there any points of discussion from our last meeting that need to be raised? What topics should we add to our parking lot?

COVID's Impact on Collective & Individual Work

Looking Back... March 2020

At our first virtual meeting back in March of last year, we took time to discuss systems level challenges & opportunities in light of the developing COVID-19 pandemic and public health crisis. Members shared updates from their agencies and organizations to highlight the sudden shifts in their work due to the pandemic.

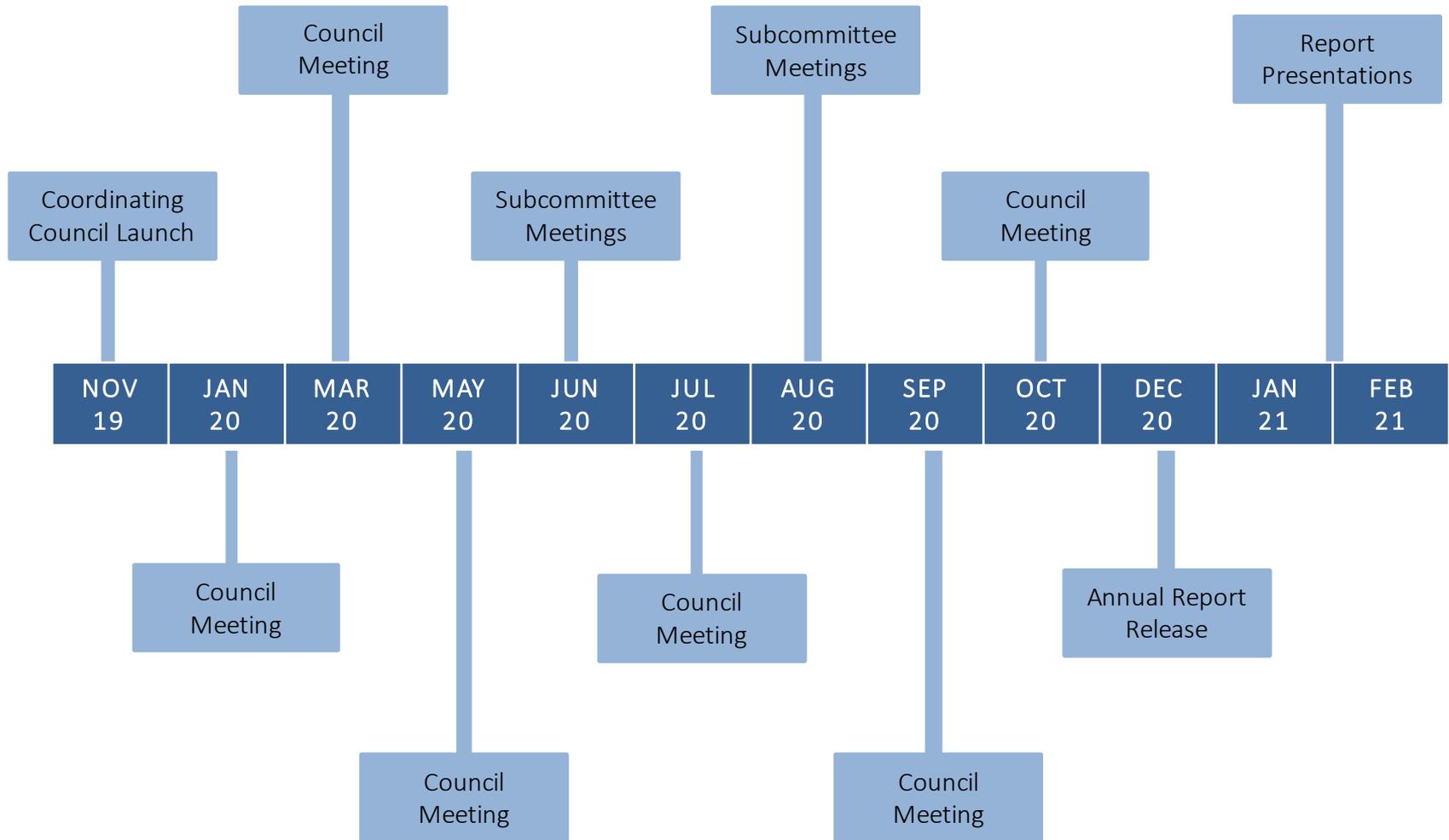
Now that we're nearing year one of the

District's COVID-19 response:

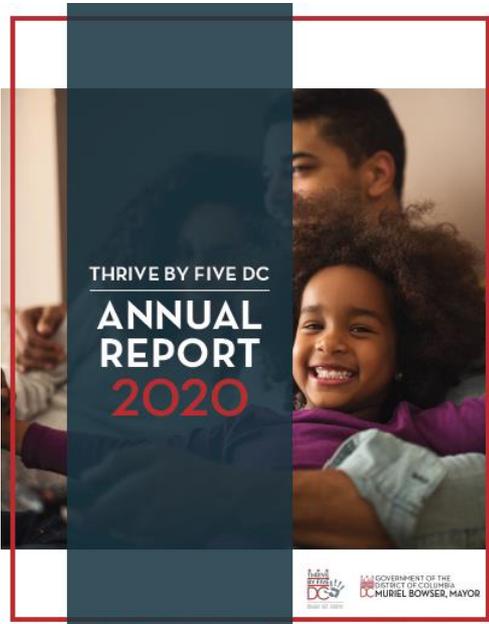
How has your work shifted?

How have needs shifted?

Timeline of Work



Timeline of Work

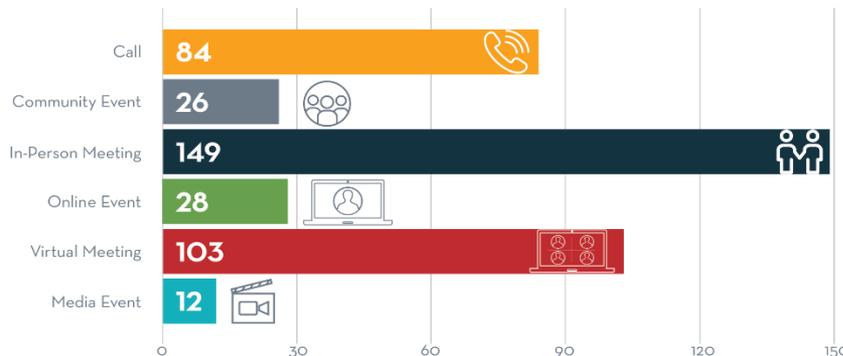


Just as a reminder of the work that's been done since November 2019:

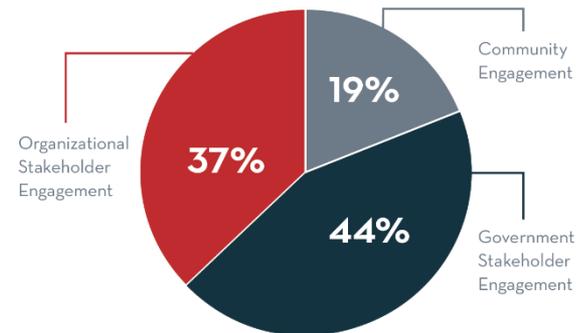
- 7 bi-monthly meetings conducted
- 15 recommendations given

We're still meeting with partners to deepen the work by presenting our recommendations and making sure the recommendations can be implemented. To date, our work has been presented to the DC Hospital Association, Perinatal Quality Collaborative, and the DC State Board of Education.

NUMBER/MODES OF ENGAGEMENTS (IN-PERSON, EVENT, ETC.)



TYPES OF ENGAGEMENTS (GOVERNMENT, ORGANIZATIONAL, ETC.)



Planning & Leadership Transition

Current Membership

Since the office's establishment in 2019, we have prioritized partnership and collaborative action. While the Coordinating Council's charge is broad in scope, we have been able to accomplish a significant amount with current members.

Government Members



Organizational Members

- SECDCC
- DC Campaign to Prevent Teen Pregnancy
- Home Visiting Council
- Bright Beginnings
- DC American Academy of Pediatrics
- DC Academy of Family Physicians

Parent Members

- Ward 1
- Ward 5
- Ward 6
- Ward 8

Ex-officio Members



Expanding the Table

We cannot make changes to Mayoral appointments for this body; however, we can add additional ex-officio members to ensure we have a wealth of expertise on the Council.



Future Hopes for the Work

Discussion

Based on work done to date, what would you like to see happen with the Coordinating Council moving forward?

Leadership Transition

Subcommittee Structure

Stronger Subcommittees

In December, we noted that the move to a quarterly meeting structure would require more active engagement in subcommittees. Our current subcommittees include systems navigation, early learning and development, and maternal health.

1. **Systems Navigation:** systems governance; resource supports
2. **Maternal Health:** District's responsiveness to maternal and infant health; Mayor's Maternal and Infant Health Initiative
3. **Early Learning and Development:** child care, child health and development

Subcommittee Leadership

To that end, we now have subcommittee co-chairs who will lead subcommittee meetings, work to further define the roles of subcommittees, and convene subcommittees to implement recommendations.

Systems Navigation

- Theresa Early, DC Department of Human Services
- Dr. Marla Dean, Bright Beginnings

Maternal Health

- Dr. Erica McClaskey, DC Health
- Aza Nedhari, Mamatoto Village

Early Learning and Development

- Ruqiyah Anbar-Shaheen, DC Action for Children
- Michelle Parrish, Ward 5 Parent

Prioritizing Recommendations

Work Plan

We've published a number of recommendations directly aligned with our subcommittee structure.

Our work plan moving forward will be structured around these recommendations.

Subcommittees will determine what is needed to

- operationalize recommendations,
- establish a reasonable timeline,
- connect with agencies and offices who are primary and secondary drivers, and
- recommend specific strategies for completion.



Systems Navigation

We've been able to gain some momentum around the highlighted recommendations. What others should be prioritized for implementation?

1. *Amplify new and existing District programs and initiatives for families and their young children to increase awareness and impact.*
2. *Create a systems-level map of resources and supports for families and providers.*
3. Explore strategies and partnerships to support families dealing with issues of literacy and disabilities that limit their capacity to engage with existing resources and programming.
4. *Work with government and non-government organizations to increase language access and programming for families who cannot or have a limited capacity to speak, read, and/or write in English.*
5. Explore existing strategies for information and data sharing between government offices and agencies to reduce confusion and burden for families.

Maternal Health

We've been able to gain some momentum around the highlighted recommendations. What others should be prioritized for implementation?

1. Push for an expansion of programs to improve physical and mental health care for pregnant persons and their babies, such as centering, doula care, homevisiting, and others.
2. Work with the Department of Health Care Finance, providers, and managed care organizations (MCOs) to increase awareness of telehealth supports for pregnant and parenting persons.
3. *Utilize the Mayor's Maternal & Infant Health Initiative to highlight programming, identify issues and opportunities, and garner support for additional funding in the perinatal health space.*
4. *Work with birthing hospitals throughout the District to include information about developmental milestones and early intervention in discharge packets for parents.*
5. Identify the range of strategies available to support the unique needs of families at various times, with examples including transportation for prenatal visits, childcare, and other supports.
6. Work with the Department of Behavioral Health and systems-level providers to increase awareness and identification of maternal mental health concerns during the perinatal period (such as perinatal mood and anxiety disorders, postpartum depression, substance abuse disorders, and others).

Early Learning and Development

We've been able to gain some momentum around the highlighted recommendations. What others should be prioritized for implementation?

1. *Partner with direct service agencies to increase access to and utilization of screening and evaluation services for children suspected of having developmental delays or disabilities.*
2. Continue to work in partnership with OSSE around efforts to support childcare quality, access, and affordability.
3. *Work with childcare centers, homes, and associations to share information about Thrive by Five and other agencies supporting maternal health and early learning to families they serve.*
4. Advocate for increased awareness of and access to behavioral and mental health services for young children, their parents, and caregivers.

Other Member Updates

Additional Comments?

Meeting Materials



Thrive by Five Coordinating Council meeting materials are available via OneDrive.

Included, you will find:

- Thrive by Five Coordinating Council's Establishment Order
- Council Meetings folder
 - Contains meeting agendas, minutes, presentations, and other relevant one-pagers
- DC Government Reports
- Other Reference Materials

Meeting presentations and minutes are also available to the public at

<https://thrivebyfive.dc.gov/page/archived-meetings>.

The folder is password-protected. For assistance, please email Tiffany Wilson at tiffany.wilson@dc.gov.

Quarterly Meeting Schedule

Our whole group Thrive by Five Coordinating Council meetings will continue to be held on **Wednesdays**.

✓ February 17, 2021

○ May 26, 2021

Time: 3-5 pm

○ August 25, 2021

Location: Virtual (Webex)

○ November 10, 2021

Thank you!

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Twitter/Instagram: [@thrivebyfiveDC](https://www.instagram.com/thrivebyfiveDC)